



**NACC IBD  
Pilot Patient Panels**

# NACC IBD Pilot Patient Panels

- In 2005 NACC decided to fund a pilot project which would support a number of IBD Patient Panels across the country
- Local Groups and Medical Advisors were invited to express an interest
- A surprising number took up the offer

# NACC IBD Pilot Patient Panels

- Groups of patients who share a medical condition and who meet on an occasional basis is not new
- However patients who share a medical condition who meet occasionally to look at ways local services could be improved is a more recent development

# NACC IBD Pilot Patient Panels

- 12 months on a number of these groups have shown a remarkable degree of success - including the one we have here in North Cumbria
- They have all developed their own ways of working
- No two groups are the same

# NACC Workshop

- In March 2006 NACC held a workshop at the BSG Annual Conference and invited the pilots to come along to share ideas and good practice
- The North Cumbria pilot was represented

# Some of the other Pilots:-

- Leicester
- Brighton
- Bradford
- QMC Nottingham

# What all pilots have in common:-

- A belief that by working in partnership with their local IBD Department people with Colitis or Crohn's Disease can contribute in a meaningful way and help improve local services
- Service developments that are planned without the contribution of people who use the them are likely to be flawed
- People who use the services often have lots of good ideas about how they could be improved
- Partnership working achieves the most results

# North Cumbria Pilot

- Our Panel in North Cumbria has met on 11 occasions over the past year and we have eleven members.
- We are very lucky that Vikki Edge our IBD specialist nurse has been able to attend most of our meetings.
- Our meetings take place on a Tuesday afternoon and run from 4:30 - 6:30: usually at the Post Graduate Education Centre at Carlisle Hospital.
- The meetings are friendly, informal and good spirited We have both young and not so young members.

# Aims of North Cumbria Pilot

- Review Local Services and make positive suggestions for their improvement or development
- Raise Awareness of Colitis and Crohn's Disease
- Develop the skills, knowledge and experience of members

# North Cumbria Pilot Action Plan

- Consider what improvements could be made to the information that is given to people when they are first diagnosed with Colitis or Crohn's.
- Make links with other Patient Panels/Forums in our area.
- Become involved in the consultation on how NHS services are to be provided in North Cumbria.
- Look at ways the services of an IBD dietician might be made available

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# North Cumbria Pilot

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# North Cumbria Pilot

A Summer Break

we will meet again in September

If you are interested in joining us please

leave me your name and address

or better still - your email

And I will be in touch