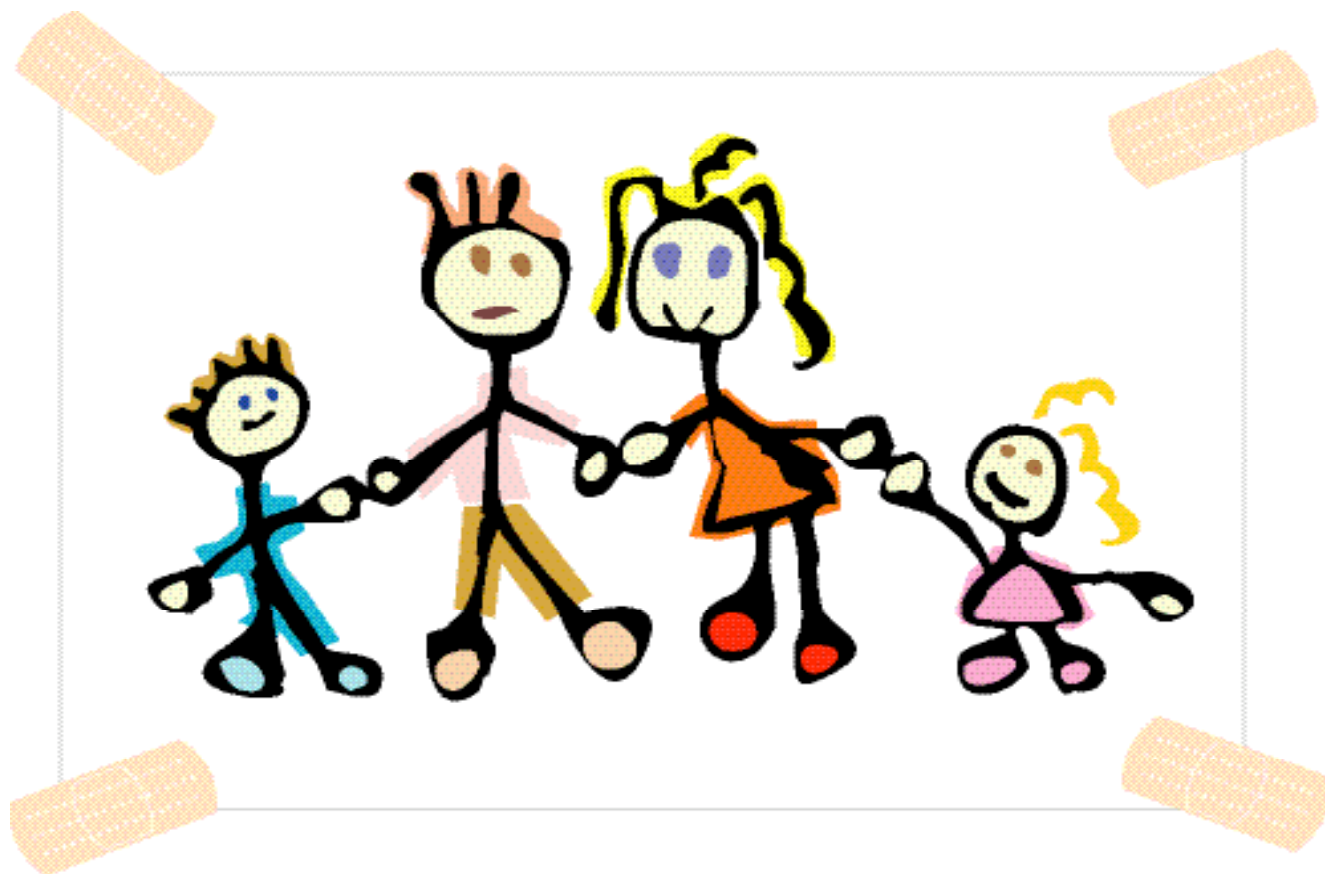


# Support *and* Information *for* Colitis *and* Crohn's Disease



The Crohn's in Childhood Research Association (CiCRA) and the National Association for Colitis and Crohn's Disease (NACC) offer support and information to all families and young people affected by Colitis or Crohn's Disease. Both organisations provide a range of information and help through their websites, booklets and over the telephone. Both also support research into the causes of these two inflammatory bowel diseases.

Contact the NACC and CiCRA by phone or via the internet



**0845 130 2233**  
[www.nacc.org.uk](http://www.nacc.org.uk)

Registered charity 282732

**ciCRA**

**020 8949 6209**  
[www.cicra.org](http://www.cicra.org)

Registered charity no 278212

Our thanks go to **SHS (UK) Ltd**

for supporting this initiative by the two charities to ensure that all families affected by these illnesses are aware of the help that is available to them.