

# **COLITIS or CROHN'S?**

...then: -

**"GET YOUR VOICE HEARD!"**

We have set up a Patient Panel which looks at ways local services could be improved. We are looking for new people to join us

This a small; friendly and informal group which meets once a month at 4:00pm, for an hour or so - usually near the hospital

If you are interested or would like to know more contact:-

**Your IBD Specialist Nurse**

or

**Peter Canham 016973 52689**