



School Trip Medical Needs Information

Instructions for its use

The objective of providing this information is to enable children with Ulcerative Colitis and Crohn's Disease to participate in school trips with the minimum of fuss. The intention is that if the school is fully aware of the child's needs before the trip, any unnecessary problems and embarrassment can be prevented.

The information provided can be tailored to your child's needs and given to the teacher leading the trip. We suggest you give the information on the first page, (your child's Hospital no. will be on their appointment letters) and then provide additional information necessary to make the journey safe and comfortable for your child. This could include:

- **Toilet Needs.** Telling the staff about how your child's illness may affect them. Give the staff advice about your child's toilet needs e.g. they may need to go to the toilet before they get on the coach and not to rush them while they are on the lavatory. Think about how you help your child to cope with their illness and pass on some of this information to the teacher.
- **Medication.** You must send with them any medication your child will or may need while they are on the school trip. For younger children the medication should be handed to the teacher in charge. Any bottles should be clearly labelled with the child's name, date of birth, their class name, what the medicine is, how strong it is, and the dosage of the medicine that the child needs to take and how often they need to take it. If they are on a lot of different medication it may be useful to write this information on a separate sheet so it can be more clearly seen by the teacher.
- **Other Medical Needs.** If your child has other medical needs e.g. a stoma or tube feeding, it is important to include in your letter information about this and send any supplies that may be necessary. These should be clearly labelled with your child's name, date of birth and class. Any instructions for the teacher need to be written down.
- **Diet.** Dietary needs and any information concerning tube feeding which the teacher will need to know.

If your child has a Health Care Plan agreed with the school and you have a copy of it you can copy quite a lot of the information onto the School Trip Medical Needs Information form.

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In their guidance "Health and Safety of Pupils on Educational Visits" 1998 the DfES states that "Every effort should be made to ensure that school journeys and activities are available and accessible to all who wish to participate, irrespective of special medical needs." The information below has been provided for teachers conducting the trip so that the medical needs of our child can be incorporated easily into the arrangements for the trip and our child can participate fully in it. If you have any queries please ask us.

School Trip to:

On:

Name of Child:

Date of Birth:

NHS No:

Child's Address:

Name of the Parent/Carer to Contact:

Home Tel. no:

Work Tel. no:

Mobile:

Child's Illness:

How this affects him/her:

Medication/Food Supplements (dosage and frequency)/ Tube Feeding:

First Hospital Consultant's Name:

Specialism:

Address:

Tel no:

Child's Hospital no:

Second Hospital Consultant's Name:

Specialism:

Address:

Tel no:

Child's Hospital No.

GP Name:

Address:

Tel. No:

Ways the teachers can help to make it a safe and comfortable trip: