

**National Association
for Colitis and Crohn's Disease**

Annual Report and Accounts

**Year ending
31st December 2001**



**NACC, 4 Beaumont House, Sutton Road,
St Albans, Herts, AL1 5HH.**

Registered Charity No 282732

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This report and the attached statement of accounts comply with current statutory requirements and the Constitution of NACC and are in the format required by the Charity Commissioners - the Statement of Recommended Practice (SORP 2000).

Constitution

The National Association for Colitis and Crohn's Disease (NACC) is a charitable, unincorporated association registered under The Charities Act 1993 under registered charity number 282732.

NACC is governed by a revised constitution adopted at the annual general meeting held on 15th April 2000. The constitution provides for a Council of Trustees consisting of four executive honorary officers plus not less than three and not more than eight ordinary members, elected by the annual general meetings of members. The Trustees have power to co-opt not more than six non-voting Trustees as advisers and to appoint a number of committees.

The Trustees are responsible for determining the policy and budget of NACC. The staff led by the Director report to the Trustees. They are responsible for advising the Trustees and carrying through the policy and budget determined by the Trustees.

Objects

NACC's objects, as set out in its constitution, are:

- the relief of those suffering from Ulcerative Colitis, Crohn's Disease or related inflammatory bowel diseases (together generally referred to as IBD) including the support of those who care for them;
- the promotion of the welfare of those suffering from IBD;
- the advancement of education and research into the causes, prevention, treatment and cure of Inflammatory Bowel Disease (IBD) and into improvements in the management of the condition, and the publication of the results of such research.

Policies

In relation to the relief of suffering of people who have IBD and the support of those who care for them, NACC's policy is to:

- publish information in the form of booklets, information sheets, quarterly newsletters, videos and through a web-site;

- respond to individual enquiries for information;
- provide information and support relating to Disability Benefits;
- offer support over the telephone through the 'NACC-in-Contact' scheme;
- maintain volunteer-run groups which provide educational and support meetings, local newsletters and a local NACC presence;
- provide a support network for families with children and for young people who have IBD;
- offer individual grants to people who have financial needs arising from their IBD;
- raise funds to support these activities.

In relation to the promotion of the welfare of people who have IBD, NACC's policy is to provide, develop or encourage:

- membership which is open to patients, their families and friends, health professionals and anyone interested in IBD;
- a 'Can't Wait' card which can be shown to retailers when asking for urgent use of private toilet facilities where no public facilities are available;
- awareness of the value of specialist counselling for people with IBD within NHS services;
- improved awareness and understanding of IBD among the general public through media publicity and the wide dissemination of information about IBD;
- effective representation of the needs and views of people who have IBD within the National Health Service, to public authorities and to relevant commercial and voluntary organisations;
- a partnership approach to working with the health professionals involved with IBD;
- good working relationships with other organisations relevant to IBD.

In relation to the advancement of education and research, NACC's policy is to:

- raise funds to provide a minimum of £250,000 annually for research into the medical, social and psychological aspects of IBD;
- make awards for research projects through a peer-review process;
- set aside the full amount of funds required for a project at the time of the award to ensure that there is no financial barrier to its completion;
- ensure the publication of the results of research projects to professional and lay audiences.

Review of Activities in 2001

Activities relating to the relief of suffering of people who have IBD and the support of those who care for them:

Support and information

- ◇ The NACC Information Line is staffed by two part-time Information Officers, each working 24 hours per week. The line is available five days per week, from 10.00 am to 1.00 pm, and over the year the Information Staff responded to 6,690 enquiries by telephone, letter or email (2000: 3,535). A new 0845 number (local call rate) was introduced in mid-2001 to provide equitable service throughout the UK.
- ◇ The NACC-in-Contact supportive-listening service is provided by 70 trained volunteers from their home telephones. Their numbers are publicised through a national list and local publicity. 24 of these volunteers also worked on the NACC-in-Contact Support Line through the year, which is available on an 0845 number on Monday, Tuesday and Wednesday evenings each week. 4 calls were taken on most evenings. 7 more volunteers received training to work on the National Line in December 2001. The development of the line is supported by a grant from GUS Charitable Trust.

- ◇ The NACC web-site recorded a total of 118,000 user sessions through the year. A redesign of the site was completed and it is hoped to extend the site to fulfil more functions within NACC's objectives. A new sponsor for the site has yet to be found.
- ◇ A new booklet on Food and IBD was completed and a copy was sent to every member. The booklet was supported by a grant from the Marks and Spencer Charitable Trust.
- ◇ The NACC newsletter was published quarterly in its new format, using a professional freelance editor working within guidance set by the Publications Committee. The Medical Editor was Dr Simon Travis.
- ◇ 18 Information Sheets are available by post and on the NACC Website.

Welfare Fund

- ◇ 110 individual grants were made to people experiencing financial difficulty as a result of their IBD (2000: 120). Most grants were for washing machines, bedding, clothing or recuperative holidays. Applicants must provide supporting evidence of their diagnosis of IBD from a doctor or nurse, of their need for assistance from a social worker or similar professional and must complete a statement of family income and expenses. Applications are considered in confidence by the Welfare Committee. Grants do not exceed £300 and applicants can receive no more than three grants in any five year period.
- ◇ A special Young Persons' Assistance Fund was established towards the end of 2001, which can also assist with vocational educational needs arising from IBD.
- ◇ The Disability Benefits Project, which originated through a Community Fund (National Lottery Charities' Board) Grant, continued throughout 2001 even though the three-year grant ended in June 2001. The aim of the project is to develop information and support which will help people who have IBD in understanding and applying for certain Disability Benefits. The main focus of the Project is Disability Living Allowance. The NACC Guide to applying for DLA was first published in 2000 and was updated when necessary during the year. The Guide gives detailed information for people with IBD and is supported by the DLA Support Line, which was launched in January 2001. Six selected and trained volunteers staffed this Line initially, but another 13 people have been recruited for training in 2002.

NACC Groups

- ◇ The Association maintained 65-70 active Groups covering most parts of the United Kingdom and providing invaluable opportunities for patients and their families to find out more about IBD and to meet each other informally.
- ◇ The Groups continued to increase the profile of the Association through local publicity and events. They raised significant funds for national activities, particularly for research, but also helped enhance local hospital services for IBD. Contributions to local hospitals have usually been to facilitate a new treatment or service, and many of the Groups have provided financial support for nurses to attend recognised IBD training courses.
- ◇ NACC Groups come together for discussion and briefings twice yearly in the Group Forum, and in some parts of the country there are also once or twice-yearly opportunities to meet at regional level. These meetings provide useful opportunities for exchange of information and the development of mutually supportive links between active volunteers.
- ◇ The effectiveness of Groups depends on the commitment of relatively few long-serving volunteers, many of whom have IBD themselves. As in previous years, identifying and developing sufficient new volunteers to maintain continuity has proved difficult and a number of Groups have ceased to function when existing committee volunteers decided to retire.

- ◇ In line with the recommendations of a NACC Working Party in 1999/2000, which considered the future management and support of NACC's Groups, a full-time Group Development Officer was appointed in May 2001. She has undertaken an audit of NACC Groups and is currently establishing pilot training schemes for new and existing Group volunteers, as well as supporting new and existing Groups.
- ◇ The Trustees decided to initiate the second stage of the Working Party in early 2002 to consider the organisation of the NACC Group Forum at national and regional level now that the Group Development Officer is in place.

Families with children who have IBD

- ◇ NACC has received increasing requests from parents for more information and recognition of their difficulties. The 'Smilie's People' Group originated amongst families in Sheffield and has subsequently broadened to include families from all over the United Kingdom. The Group produces a newsletter and arranges family meetings every few months. Some families travel long distances to attend and any can link to 'Smilie's People' through the Group's newsletter and website if they wish.
- ◇ A small group of NACC-in-Contact volunteers who themselves have children diagnosed with IBD are available by telephone to help respond to the needs of other parents whose children have IBD.
- ◇ NACC's information sheet giving guidance to teachers on how to help children at school who have IBD continued to be available on request and via the website.
- ◇ A booklet for parents on Supporting a Child who has IBD is being prepared.

Young people with IBD

- ◇ A second Young Adults Group has been formed to cover Central Scotland. The Group is modelled on the successful NACC London Young Adults Group.
- ◇ An Information Sheet for Students is available on the NACC website.

Activities relating to the promotion of the welfare of people who have IBD:

Membership

- ◇ Membership fell slightly in 2001 after reaching a peak above 30,000 in 2000. The figure at the close of the year was 29,873 (2000: 30,192) 4,491 new members joined during the year (2000: 4,497) and the proportion ceasing membership was 15.8% (2000: 10.9%). Of those who were members on the 31st December 2001, just over half had joined in connection with Crohn's disease and slightly less than half in connection with Colitis. The annual renewal subscription was increased from £8.00 to £10.00 during the year, but the Trustees feel that this remains good value for the level of support and information that members receive. A reduced subscription is available on request to anyone who cannot afford the normal subscription because they are on a low income.
- ◇ New members were each provided with a pack of information booklets and all members received their annually-renewed 'Can't Wait' card, quarterly newsletters and the opportunity to be in touch with a NACC Group if they wished.

Increasing awareness

- ◇ NACC employed a part-time Media Agency (Healthcare Solutions) through the first half of 2001 to gain more recognition and awareness of IBD through the lay media.
- ◇ NACC received a Commendation Award from PR Communique for the Colitis and Crohn's Action Week Campaign in June/July 2000 concerning the need for Early Diagnosis of IBD. NACC was also short-listed for the magazine's Award for Patient Association of the Year.
- ◇ Colitis and Crohn's Week in 2001 focused on Women's Perspectives on IBD and aimed for media coverage with case history features in regional and local media. There was also a very successful local radio day reaching audiences of over 3 million people.

Representation

- ◇ No further national work was possible on publicising the 'Can't Wait' Card scheme to interested retailers. Several NACC Groups have managed to emulate the Peterborough Group by setting up an arrangement with their local police whereby NACC members could park for short periods, without fear of a parking ticket, if they needed to use public toilets in a hurry.
- ◇ The NACC Counselling Project was originally set up to evaluate the feasibility of providing experienced counsellors, who received additional training in the effects of IBD, alongside NHS services. The project, which was part-funded by the Department of Health, was completed in early 2001 and a report incorporating an independent evaluation will shortly be published. The counselling established under the Project is continuing in some hospitals independently of NACC with local funding.
- ◇ NACC was invited to provide evidence to the National Institute for Clinical Excellence (NICE) in connection with their appraisal of infliximab (Remicade). A detailed survey of members' experiences was undertaken and the findings submitted in support of infliximab being available within the NHS where the patient and physician felt it was the appropriate treatment. NACC representatives also attended the Appraisal Meeting and then submitted further comment in response to the Provisional Appraisal Determination. The result of the appraisal will be known in 2002.
- ◇ NACC Medical Advisers undertook a literature review to update NACC's information on mortality and morbidity from IBD. This information will be supplied to insurance companies to ensure they are using current data in their assessments.
- ◇ NACC met with the Disability Living Allowance Advisory Board in January 2001 to brief them on the impact of IBD on daily living, the NACC DLA Guide and to press for some improvements in the assessment of claims from IBD patients.

Links with health professionals

- ◇ NACC arranged display stands at the British Society of Gastroenterology Meeting in Glasgow and at the conference of the Royal College of Nursing Gastroenterology Group. NACC has a representative on the IBD Section Committee of the BSG and continues to have close liaison with the developing group of specialist IBD nurses.
- ◇ The number of gastroenterologists and surgeons formally linked to NACC as Medical Advisers is close to 100. Each NACC Group has at least one appointed Medical Adviser.

Links with IBD and voluntary sector organisations

- ◇ NACC has continued to be closely involved with EFCCA - the European Federation of Crohn's and Colitis Associations - and regularly exchanges information with other overseas IBD organisations. Links to these were included in the NACC web-site and NACC information is regularly being reproduced overseas in newsletters and as translated booklets.
- ◇ NACC has maintained communication with all IBD patients' organisations in the UK, particularly the Crohn's in Childhood Research Appeal (CICRA) and The Ileostomy and Pouch Association (*ia*).
- ◇ Membership or affiliation was also maintained with the Long-term Medical Conditions Alliance, the Association of Gastroenterological Research Charities, the Association of Medical Research Charities, the Continence Foundation, RADAR and the Disability Alliance.

Activities relating to the advancement of education and research:

Research

- ◇ Grants are made following nationally-publicised advertisements. Applications are considered by members of either the Medical or Social & Psychological Research Committees, comprising academic and medical specialists as well as lay NACC representatives. External specialist referees are asked to comment confidentially on applications. Grants are made for periods of up to three years, with reports normally required at annual intervals. Funds are set aside for the total cost of the project in the year of award.
- ◇ The costs of administering the research awards are kept to a minimum and are included in the Grant support costs shown on the SOFA. In 2001 the administration costs of the NACC Research Awards were 8.9% of grants expenditure.
- ◇ An extra £250,000 of Research Funds were announced by the Trustees in November 2000 to celebrate NACC's 21st Birthday. These additional funds were distributed as follows: £75,000 to increase the medical research allocation for 2001/2 to £250,000; £55,000 to enable the Social & Psychological Committee to advertise a three-year Major Award; and £120,000 set aside for a special research project entitled the Patient-Professional Partnership Project. which will look at the views of patients and health professionals on what improvements in health services would make most difference to the care of IBD patients.
- ◇ 27 applications were received for the annual peer-reviewed Medical Research Awards in 2000/1. 6 grants were awarded in March 2001 totalling £182,705.
- ◇ The Social and Psychological Research Awards Committee invited applications for a NACC PhD student award, but unfortunately none of the applications fulfilled all the assessment criteria satisfactorily. This award has been re-advertised together with the Major Award described above and will, hopefully, be awarded in 2002.
- ◇ NACC received a Community Fund (previously National Lottery Charities' Board) Award in 2000 to fund research at Newcastle University into 'The effects of patient self-management on the symptoms of ulcerative colitis'. Work on this grant is proceeding satisfactorily after some initial recruitment problems.

Fundraising activities:

- ◇ Department of Health support for NACC under Section 64 ended in March 2001 with the final instalments of the Project Grant for the Development of Information and Support Services and the Project Grant for the NACC Counselling Project.

- ◇ The Community Fund (National Lottery Charities Board) Grant for the Disability Benefits Project ended in June 2001; the Research Grant into 'Self-management in Ulcerative Colitis' continued into its second year.
- ◇ A grant from GUS Charitable Trust funded the NACC-in-Contact Support Line.
- ◇ Income from the NACC affinity Credit Card, which is publicised with support from Sir Steven Redgrave, the Olympic Oarsman, provided almost £5,000 to the NACC Research Fund.
- ◇ Support was received for national and local NACC activities from the majority of the pharmaceutical companies involved in IBD. In most cases this represented reimbursement of the costs of meetings or printing of publications.
- ◇ All tax-paying members were encouraged to sign a Gift Aid Declaration to cover their membership and donations, and over one third had done so by the end of the year.
- ◇ NACC members' donations and Group fund-raising continued provided 58.7% of the Association's income in 2001.
- ◇ Legacy income in 2001 was only £10,616. This was well below the figure of £35,000 that the Trustees build into the national budget each year. Annual legacy income has regularly exceeded £100,000 in the preceding years and these legacy funds have helped to fund new service or organisational developments. No legacy funds could be set aside for these purposes in 2001.
- ◇ The necessity for a greater focus on fundraising is clear and this will require investment in a professional member of staff to lead this area of work. Such an appointment was deferred during 2001, but will be made during 2002.

Contribution of volunteers:

- ◇ NACC encourages the active involvement of members as volunteers in all of its activities. At Group level several hundred members undertake support, publicity and fundraising as well as the necessary organisation for a voluntary network of 65-70 Groups throughout the United Kingdom.
- ◇ NACC is committed to providing some national services through volunteers, notably NACC-in-Contact and the Disability Living Allowance Support Line. These volunteers, about 85, have undergone selection and training for their roles, work to defined policies and procedures and receive regular support. NACC has developed an innovative use of the Public Service Telephone Network using 0845 technology to present a national service number whilst enabling volunteers to provide the service from their own homes.
- ◇ An increasing number of volunteers assist NACC through participation in managing and advisory committees, and in ad hoc working groups. Wherever practicable, the Trustees advertise these opportunities in the NACC newsletter and invite members to apply with a CV. Candidates are then invited for interview before appointment to a committee. This process has enabled the Association to benefit more effectively from the pool of knowledge and expertise that exists within the membership.
- ◇ Over 50 members also help directly by offering to tell their stories to the media to assist in raising awareness and understanding of IBD among the public. These members are recruited through the NACC newsletter, using a questionnaire that enables them to outline their 'story' and set limits on the types of media that they are willing to participate in.
- ◇ Many members also give generously of their time to respond to questionnaires which assist IBD research projects, the planning of NACC services and, notably in 2001, the preparation of NACC's evidence to the National Institute of Clinical Excellence relating to their appraisal of infliximab.

Financial results

The accounts for 2001 are in the format required by the Charity Commissioners – the Statement of Recommended Practice (SORP 2000). This calls for the use of certain terms that require clarification:

Restricted funds – refer to income that has been specified for a particular purpose by the donor, e.g. NACC's Research and Welfare Funds;

Unrestricted funds – refer to donations, grants or other income that has not been specified for a particular purpose by the donor;

Designated funds – refer to unrestricted income that the Trustees have decided to allocate for specific purposes; such funds may subsequently be reallocated by the Trustees.

The figures in the following paragraphs are taken from the Consolidated Statement of Financial Activities ('the SOFA') and from Notes 9, 22 and 23 to the accounts.

Overall position

The overall financial result for the year is shown in the SOFA on page 2 of the accounts. This reports the total income, expenditure and resources relating to all aspects of NACC's activities in the year: including the work of the charity at the national level, of its Groups at the local level and the contribution from its trading company, NACC Merchandise Ltd.

In 2001 there was an overall deficit of £861 (*2000 surplus: £158,456*), which includes an unrealised loss of £91,284 in the value of investments.

Restricted Funds

The figures discussed in the following paragraphs are drawn from notes 15 and 23 in the accounts.

Research Fund

The national Research Fund received £215,966 in donations and investment income and NACC Groups transferred a further £101,294 from their fundraising. Total income was £317,260. The figure for Resources expended was £240,848, giving a surplus of £76,412 for the year. The sum of £634,188 was carried forward for distribution in 2002, of which £535,000 has already been committed to advertised awards or projects.

The Resources expended figure includes £182,705 grant expenditure, £16,163 grant support costs and £42,979 for the unrealised loss on the value of Research Funds.

Grant support costs were charged to the Research Fund rather than the General Fund for the first time in 2001. The costs of administering the NACC research grants amounted to 8.9% of grant expenditure.

Welfare Fund

NACC received £22,469 in donations for Welfare and NACC Groups transferred a further £7,180 from their funds. Total income was £29,649. Grants awarded and support costs mounted to £28,369, giving an overall surplus of £1,280 for the year. £59,448 was carried forward to 2002.

Grant support costs were charged to the Welfare Fund rather than the General Fund for the first time in 2001. They amounted to 13.9% of grant expenditure.

National projects

The Counselling and Disability Benefits Projects have received partial grants from the Department of Health and the National Lottery Charities Board. These grants are held as restricted funds purely for use on these projects. Both grants ended in 2001 and have been fully expended.

The 'Self-management' research project is a research project being undertaken within the University of Newcastle and the Northumbria Healthcare Trust. It is funded through a Community Fund grant which is managed by NACC.

Other project 'funds' relate to the receipt and application of specific restricted grants or donations.

Unrestricted and designated funds

The figures discussed in the following paragraphs are drawn from the SOFA and notes 15 and 22 in the accounts.

Designated funds have been created to hold money set aside by the Trustees for particular purposes. These are to support projects or developments not included within the Association's normal annual budget, to cover any potential liabilities arising from the office lease, to meet the annual depreciation costs of the capital expenditure on premises and equipment, and to hold unrestricted legacy funds for future allocation to specific projects.

The Trustees' policy is to maintain a clear distinction between ongoing expenditure, which they aim to cover from dependable sources of income, and 'one-off' projects or new developments, which are funded from special fundraising or from legacy income that may vary unpredictably from year to year.

Total Unrestricted income from national and Group activities was £727,407 (2000: £804,668). Expenditure was £744,769 resulting in an operating deficit of £17,362 overall. Groups transferred £69,674 of unrestricted income to the national research and welfare funds, thus increasing the actual deficit to £87,036. There was also a significant unrealised loss on investments during the year that resulted in an additional charge to the Unrestricted funds of £48,305.

The total deficit on Unrestricted funds across all activities was therefore £135,341.

NACC Groups

73 Groups provided accounts for 2001 (2000: 68). In aggregate, these show total income raised of £285,025, local expenditure amounting to £114,520 and transfers to National Funds totalling £181,774. Transfers represented 63.8% of the income Groups raised.

Reserves

Unrestricted Funds

The Trustees' current policy is to aim to build up uncommitted reserves in the national General Reserve Fund to a level equivalent to six months' normal running costs. This is in order to safeguard and underwrite NACC's continuing activities in the event of a temporary reduction in income. At the year-end, free reserves were only £128,412, representing just under 3 months of current General Fund expenditure and well below the target figure.

Restricted Funds.

These funds have been given for specific aspects of NACC's work and cannot be utilised to respond to a shortfall in NACC's General Income. The reserves of the Welfare Fund equate to 2.5 times current annual expenditure on individual grants due to a significant legacy received some years ago. The funds held in the Research Fund are largely 'designated' for future grants that have been advertised but not yet awarded. There is approximately £100,000 available towards the target of £300,000 that NACC is aiming to raise for research in 2002.

Cost of generating funds.

The revised SORP format identifies the Cost of generating funds separately and this is being seen as one indicator of a charity's efficiency. For NACC, these costs amounted to £95,787, which as a percentage of the incoming resources to all funds is 8.9%. (The equivalent ratio in 2000 would have been 7.6%. The lower percentage reflects the fact that NACC's income was £100,000 higher in 2000 due to legacies received. The actual costs of fundraising were marginally higher in that year.)

Investments and property

The Trustees have power to invest and deal with NACC's funds. Some years ago they agreed a policy to maximise the return on those funds and, in order to achieve this, to invest long-term funds in two Charities Aid Foundation unit trusts, one geared towards income and one geared towards capital growth. The Trustees monitor the income from these investments quarterly and their valuations half-yearly.

The income from the investments has been satisfactory, producing a return of 4.4%. However in line with stock-market investments world-wide, over the last twelve months the value of the equity-based Fund has fallen considerably, producing an unrealised loss of £91,284 as shown in the SOFA. The Trustees do not foresee a need to realise these investments in the near future and are confident that the unrealised loss will be recovered once the stock market itself recovers.

NACC has a 15-year lease on its office accommodation in St Albans, which is now held in the name of NACC Nominees Ltd. The Directors of the company are the NACC Trustees.

NACC Merchandise Ltd

NACC Merchandise Ltd recorded a loss of £4,438 in the year. The main activity of the company has been to provide NACC Christmas Cards for members through mail order. For several years there has also been an arrangement with St John Supplies to supply members and Groups with branded clothing and small gift items. This arrangement was wound up in 2001 when St John Supplies decided to end its fulfilment contracts with other charities and the balance of unsold stock has been purchased by NACC Merchandise Ltd. for a negotiated payment of £2,000.

In assessing the loss, it should be noted that the company generated an additional £9,000 of income for NACC through donations given with Christmas Card orders which passed direct to the charity.

Risk assessment

The Council of Trustees, with input from the Director and staff, has conducted a review of the risks to which NACC is exposed and, in particular, the Trustees considered:

- the type of risks the charity faces;
 - the level of risks which they regard as acceptable;
 - the likelihood of the risks concerned materialising;
 - NACC's ability to reduce the incidence and impact of risks that have been identified;
- and
- the costs of operating particular controls relative to the benefit obtained.

Following this review, the Trustees have introduced a formal risk management process to assess business risks and implement risk management strategies. NACC's Committees and management have been made aware of the need to communicate quickly to the Trustees any significant new or increased risks as and when they arise together with proposals as to how the Trustees can respond to them.

Further, it will be the responsibility of the Committees and management, when proposing new projects, to consider the risks associated therewith; and to conduct at least annual reviews of the areas for which they are responsible.

Outlook for 2002

The Trustees have given priority over recent years to the implementation of national services for people with IBD and to the development of the charity's Groups. The Trustees recognise that a higher level of income will be needed to help sustain these activities and to enable NACC to develop other important areas of work. A dedicated, professional member of staff will be required to take the lead in developing fundraising at the national and local level.

Other objectives agreed by the Trustees for 2002 are:

Information and Support

- Complete and publish the booklet on Surgery and IBD.
- Further development of the NACC website.
- Making NACC materials more available in Hospitals and Surgeries.
- Increase awareness of the NACC-in-Contact Support Line Service.
- Review our system for obtaining and reviewing IBD Information and expanding our Information Sheets for people with IBD.

Research

- Begin the patient/professional partnership project to develop our ability to influence health services for people with IBD, providing funding is forthcoming from the Department of Health.

Membership and Groups

- Development of a strategy for NACC Groups to determine the most effective structure for Forum and Regions and to recruit and training Group Support Volunteers.
- Introduce Family Membership.
- Appointment of a senior member of staff for Fundraising.

Education and Health Professional and Public Awareness

- Advertise and award the 'Heyman Bursaries' for training nurses in the special requirements of IBD.
- Develop a fundraising and public awareness campaign for IBD Research in Colitis and Crohn's Week and publish an educational booklet on IBD Research.

Acknowledgements

The Trustees would like once again to record their thanks and appreciation to all those who continue to make NACC's work possible - the volunteers in the NACC Groups, medical advisers and, not least, Richard Driscoll and his staff team at St Albans.

Approved by the Trustees at a Council meeting and authorised to be signed by the Chairman on their behalf.



Bradley Brown
Chairman
14 April 2002

The Trustees wish to acknowledge the substantial donations or support for national activities from the following companies and charitable trusts (in alphabetical order):

The John M. Archer Charitable Trust, The Bernadette Charitable Trust, Bill Brown's Charitable Trust, Card Aid, Community Fund (formerly National Lottery Charities Board), The Coulthurst Trust, The David Uri Memorial Trust, The Dempster Charitable Trust, Department of Health, Diageo Foundation, First Quench, Golden Charitable Trust, GUS Charitable Trust, JA Harris & Co, Hermstedt UK Ltd., Marine Management Surveys Ltd., Mary Miskin Charitable Trust, Michael Page International, New Byth Trust Fund, The Ormsby Charitable Trust. Pennies from Heaven, QAD Europe Ltd., Saddlers' Company, Sharp Electronics (UK) Ltd., Shire Pharmaceuticals Ltd., SmithKline Beecham Pharmaceuticals, S.R.& P.H.Southall Charitable Trust, Stafford Miller Ltd., The Elizabeth & Prince Zaiger Trust.

Trustees, Officers and Advisers

From 1st January 2001 to the date of signing of this Report and Accounts, the honorary officers, trustees and committee members were as follows:

Life Presidents:

Robert Annetts (died October 2001)
Professor Lennard-Jones
Leslie Parrott (died September 2001)

Vice-Presidents:

Margaret Chandler
Rod Mitchell

Council of Trustees:

Honorary officers:

Bradley Brown (Chairman)
Dr Stephen Kane (Vice-Chairman)
Maureen Lakeman (Honorary Secretary)
Peter Barnes (National Treasurer)

Elected Trustees:

John Adler (from January 2002)
Lady Bingley
Peter Arthur (until April 2001)
Dr Annette Duggan (until April 2001)
Gillian Hamer-Hodges
Elaine Steven
Dr Gillian Thomas
Nigel Westwood (from January 2002)
Susanne Wood

Co-opted Trustees:

Professor Derek Jewell
Dr Peter McIntyre
Dr Simon Travis
Jane Rippon

Group Forum Committee:

Gillian Hamer-Hodges (*Chairman*)
Norma Richardson (*Secretary*)
Peter Arthur
Alan Dinsdale
Estelle Farber
Theresa Findlay
Ian Sadler
Elaine Steven
Ian Toye
Nigel Westwood (from January 2001)

Family and Young People's Committee:

Lady Bingley (*Chairwoman until April 2001*)
Norma Richardson (*Chairwoman from April 2001*)
Bradley Brown
Chris Corker
Laura Crawley
Gillian Hamer-Hodges
Sarah Longes
Graham Tilley
Richard Driscoll

Medical Advisers Committee:

Professor Derek Jewell (*Chairman*)
Dr Peter McIntyre (*Vice-Chairman*)
Dr Simon Travis (*Secretary*)

Welfare Committee:

Bradley Brown (*Chairman*)
Lady Bingley
Dr Martin Gay
Jacqueline Hockey
Susan Sutton
Susanne Wood (from October 2001)

Publications Committee:

Bradley Brown (*Chairman*)
Clare Garcia
Glenys Davies
Alan Dinsdale
Maureen Lakeman
Dr Peter McIntyre
Peter Cartwright
Richard Driscoll

NACC-in-Contact Committee:

Lady Bingley (*Chairwoman*)
Jane Rippon (*National Organiser*)
Dawn Carter
Denise Clancy
Gloria Fleming (from January 2002)
Tina Grainger
Stella Leigh
Julia Reed

Gloria Wilkie
Richard Driscoll

Medical Research Awards Committee:

Professor Ian Bouchier (*Chairman*)
Bradley Brown (*ex officio National Chairman*)
Dr Jane Bower
Dr Alastair Forbes
Professor Chris Hawkey
Professor Humphrey Hodgson
Professor Derek Jewell
Dr Peter McIntyre
Dr David Rampton
Professor Jonathan Rhodes
Dr Simon Travis
Professor Brendan Whittle
Richard Driscoll

**Social, Psychological and Health Services
Research Awards Committee:**

Lady Bingley (*Chairwoman*)
Bradley Brown (*ex officio National Chairman*)
Joanna Brame (*from February 2001*)
Stephanie Brewster (*from February 2001*)
Su Hurrell (*from February 2001*)
Professor Stanton Newman
Dr Lynne Quine
Professor Ian Robinson
Dr Jon Shaffer
Professor Tricia Sloper
Dr Gillian Thomas
Susanne Wood (*from May 2001*)
Richard Driscoll
Peter Cartwright

**Directors of trading subsidiary,
NACC Merchandise Ltd:**

John Williams (*Chairman until December 2001*)
Rodney Mitchell (*Chairman from December 2001*)
Peter Barnes (*Company Secretary*)
Bradley Brown

Auditors:

Kingston Smith
Devonshire House
60 Goswell Road
London EC1M 7AD

Bankers:

Lloyds Bank plc
36 Chequer Street
St Albans
Herts AL1 3YQ

Solicitors:

Bates, Wells & Braithwaite
Cheapside House
138 Cheapside
London EC1M 7AD